

# Wasiwaska

Research Center for the Study of Psychointegrator Plants, Visionary Art and Consciousness.  
Florianópolis, Brazil.

"Dialogues on Science, Art, History, Myth and Spirituality"

[www.wasiwaska.org](http://www.wasiwaska.org)



Dear friends,

We are happy to announce our next two seminars for this year. We are celebrating **20** years since our very first gathering at Wasiwaska. Thank you for your support. You made this project possible.

Warm regards,

Luis + Adriana

## Sound, Consciousness, and Shamanism

August 28-September 10, 2020

*Speakers*

*Susan Blackmore*

*Michael Winkelman, Anthropologist*

*Alexander Tannous, Musicologist*

*Connie Winkelman, Coaching*

*Luis Eduardo Luna, Anthropologist*



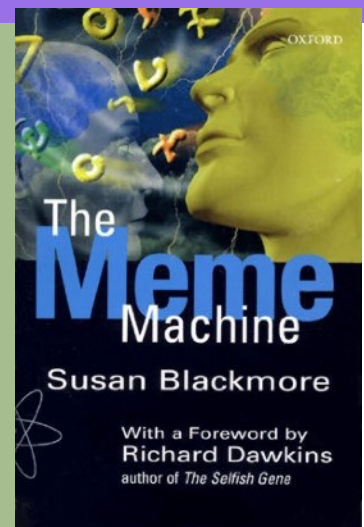
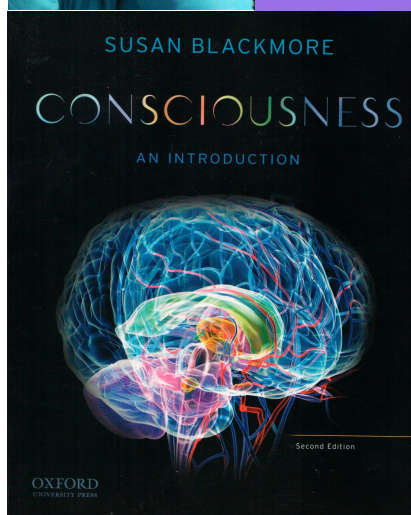
**Sue Blackmore** is a freelance writer, lecturer and broadcaster, and a Visiting Professor at the University of Plymouth. She has a degree in psychology and physiology from Oxford University (1973) an MSc and a PhD in parapsychology from the University of Surrey (1980). She no longer works on the paranormal. Her research interests include memes, evolutionary theory, consciousness, and meditation. She practices Zen, campaigns for drug legalization and plays in her village samba band, Crooked Tempo.

Sue Blackmore writes for several magazines and newspapers, blogs for the Guardian newspaper and Psychology Today, and is a frequent contributor and presenter on radio and television. She is author of over sixty academic articles, about eighty book contributions, and many book reviews. Her books include *Dying to Live* (on near-death experiences, 1993), *In Search of the Light* (autobiography, 1996), *Test Your Psychic Powers* (with Adam Hart-Davis, 1997), *The Meme Machine* (1999), *Conversations on Consciousness* (2005), *Zen and the Art of Consciousness* (2011) and *Consciousness: An Introduction* (a textbook, new editions 2010 and 2011). Her work has been translated into more than 20 other languages.

She has two children and lives in south Devon with her husband Adam Hart-Davis.

### Lectures by Susan Blackmore

- Are there other worlds? Possible answers from psychedelics, ayahuasca and near-death experiences
- Delusions of consciousness: Why is science so confused about the mind?
- Enjoying the Buddhist Jhanas: Discrete states of consciousness reached through concentration.





**Alexandre Tannous** is a musician, educator, composer, and ethnomusicologist. He holds four degrees in music theory, composition, music education and ethnomusicology. He has taught at Columbia University and is a frequent guest-lecturer at universities, institutions, and museums. As an ethnomusicologist, he has conducted fieldwork for 17 years in over 40 countries around the world.

For the past nine years he has been researching the therapeutic and esoteric properties of sound from three different perspectives - Western scientific, Eastern philosophical, and shamanic societal beliefs - to gain a deeper understanding of how, and to what extent, sound has been used to affect human consciousness. This search has led him to the intersection where art, science and spirituality meet: the wonders of sound! His ethnomusicological approach entails a social scientific study of sound use in several traditional contexts—religious, spiritual, holistic, and cultural—for various purposes and occasions in entertainment, worship, meditation, and rituals of healing and trance. Consequently, his approach in researching, understanding, experiencing, transmitting, and working with sound has always been based on a multidisciplinary approach.

The material he transmits about sound is based on thorough research over many years: observations he made during his fieldwork, scientific studies, personal experiences, and data collected from thousands of people he has worked with doing sound therapy. This has led him to a deeper understanding of how sound reveals and unlocks hidden powers we have within us to promote profound inner changes and healing.

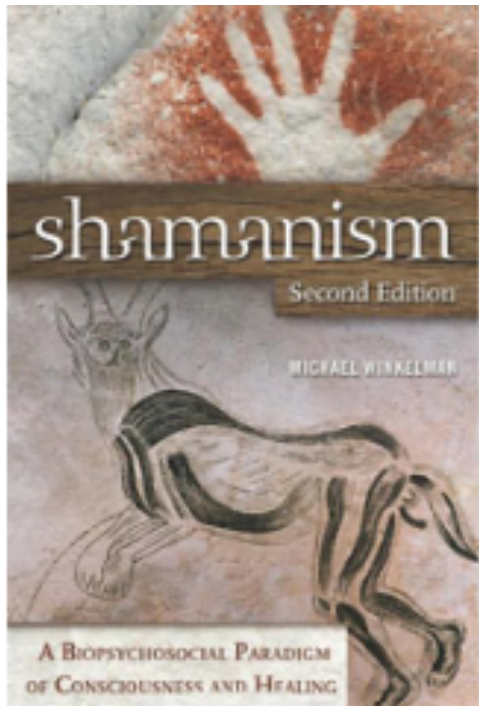
Inspired by his findings, he designed a protocol of an integrated experience he calls “Sound Meditation” in which he shares the findings from his research, raising an awareness to how a specifically designed sound can have the ability to help us to disconnect from habitual patterns while judiciously listening to the specific traditional instruments he plays. He employs a phenomenological approach to study the effects of sound, using a method that empowers the participants to engage actively with tools that enhance their experience, using the consciousness-altering properties of sound to heighten self-awareness, to connect to the higher self, to fine-tune self-observation, and to attain self-realization.

### Lectures by Alexandre Tannous

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- XXXXXXXX



Michael Winkelman received his Ph.D. from the University of California-Irvine and a Masters in Public Health from the University of Arizona). He retired from the School of Human Evolution and Social Change at Arizona State University in 2009. He was President of the Anthropology of Consciousness and Anthropology of Religion Sections of the American Anthropological Association. His cross-cultural and interdisciplinary research on shamanism and altered states of consciousness has focused on identifying the biological bases of religious experiences. His principal publications include *Shamans, Priests and Witches* (1992) which provides a cross-cultural examination of shamanism; and *Shamanism: A Biopsychosocial Paradigm of Consciousness and Healing* (2nd edition 2010). This evolutionary approach to religion is expanded in his co-authored *Supernatural as Natural* (2008). Winkelman’s work has shown that shamanism and psychedelics have a deep intersection in human evolution, and that these capacities for altering consciousness continue to be important today, as illustrated in his co-edited volumes on *Psychedelic Medicine* [2007] and *Altering Consciousness* [2011]. Winkelman can be contacted at [michaeljwinkelman@gmail.com](mailto:michaeljwinkelman@gmail.com) or through skype: [michaeljwinkelman](https://www.skype.com/user/michaeljwinkelman). His website is at <http://michaelwinkelman.com/>



### Lectures by Michael Winkelman

- The Psychedelic Secrets of the Kamasutra Temples.
- Psychedelics and Human Evolution
- Shamanism in Cross-cultural Perspective

### Lecture by Cindy Winkelman

- Food and your brain. How to protect it while eating well.

